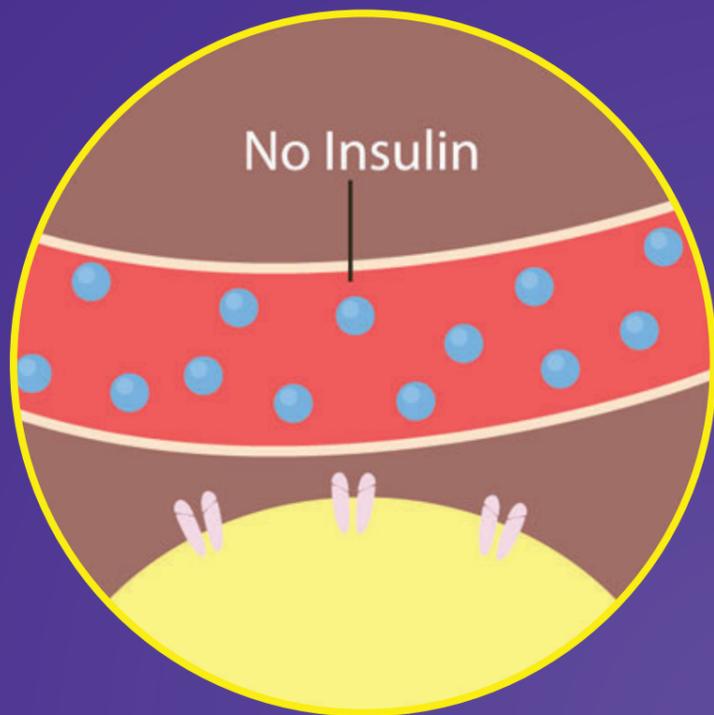
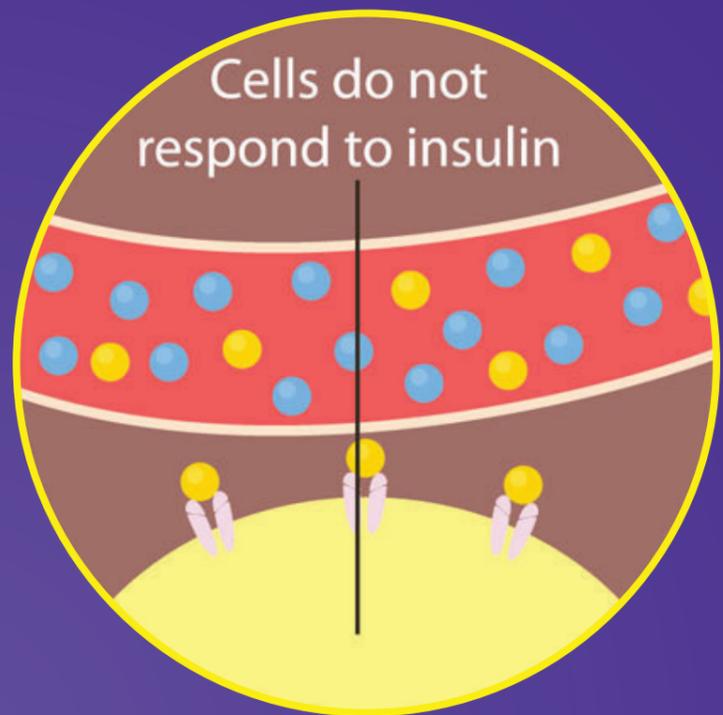


DIABETES AND ITS TYPES

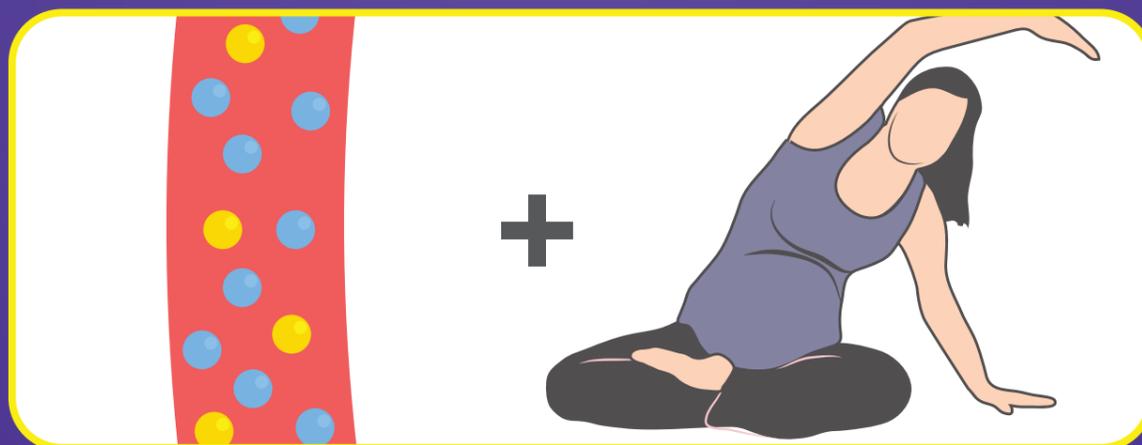
Excess amount of sugar in blood leads to diabetes.
There are 3 main types of diabetes.



Type 1
When the pancreas does NOT produce insulin



Type 2
When the pancreas does not produce ENOUGH insulin or it cannot be processed



Gestational diabetes
When insulin is less effective during pregnancy



Regular self-monitoring is a key to achieve good diabetes control.



For further details on self-monitoring, consult your doctor today!

Ref: The path to understanding diabetes starts here. Available at: <https://www.diabetes.org/diabetes>. Last accessed on: 11th Aug 2020.